



# Vickie L. Helman

APR 17, 1960 - AUG 13, 2017



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## **Vickie L. Helman**

APR 17, 1960 - AUG 13, 2017

**V**ickie L. Helman, age 57 of Harrisburg, PA passed away on Sunday, August 13, 2017 at Beebe Healthcare in Lewes, DE. She was born on Sunday, April 17, 1960 in Wilmington, DE, daughter of G. Roger and Carol Helman and the late Peggy McIntosh Helman.

Vickie was a 1978 Graduate of Middletown High School, where she was a track star and holds the state record for 110 yard hurdles. She also played on the varsity basketball team. Following graduation, she enlisted in the United States Air Force where she honorably served her country for 6 years, including spending 2 of them stationed at Ramstein Air Base in Germany as a Helicopter Crew Chief, earning the rank of Sergeant. Soon after, Vickie started working as a preschool teacher for several years at Harrisburg Hospital. She then started working as a courier at Harrisburg Catholic Diocese before continuing to her most recent employment at Harrisburg Area Community College.

Vickie was a member of the Olmsted Players Theatre Group in Middletown, the assistant Tennis Coach for 20 years at Bishop McDevitt High School. In the 2003, Vickie competed in the USTA National League Level Championship, winning her doubles match to help the team place 5th in the country. In her free time, Vickie enjoyed traveling, the beach, Disney World, attending live sports games, caring for her many animals, and most of all spending time with her family and her friends.

In addition to her parents, Vickie is survived by her “best bud,” Diane Rabold; her three sisters: Karen Guenther and her husband Thomas of Middletown, Lisa Tharp of Etters, Lori Shaffer and her husband Brent of Linglestown, Vickie adored her nieces and nephews: Kelly and Curtis Cole and their children Emily and Courtney; Greg and Laura Guenther and their children Emerson and Oliver; Tessa and Jake Shaffer; and Donald and Becki Collins and their daughter Brynn; and the late Jennifer Carr and her children Jordan and Nikolas. Vickie had many friends who also filled her life with love.



## Obituary

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Vickie will be interred at Fort Indiantown Gap National Cemetery with full military honors. All are welcome to attend the committal service on Friday, September 1st at 1:00 pm. A procession will form at 12:45 behind the Administration Building.

At Vickie's request, "A BIG ASS PARTY" will be held in her honor to celebrate her life well lived. On Friday, September 1st, a casual open house celebration will be held from 4:00 - 9:00 pm at the Paxtonia Fire Hall on 125 S. Johnson Street in Harrisburg, PA.

Arrangements are being handled by Parsell Funeral Homes & Crematorium, Lewes, DE.

Memorial contributions may be made in Vickie's Memory to the Animal Charity of your choice.

Please visit Vickie's Life Memorial Webpage and sign her online guest book at [www.parsellfuneralhomes.com](http://www.parsellfuneralhomes.com).



## Events


**Vickie L. Helman**

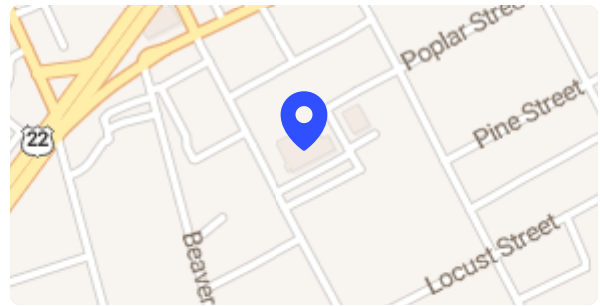
APR 17, 1960 - AUG 13, 2017

### Celebration of life

 **Friday**, September 1, 2017

 4:00 PM - 9:00 PM ET

 **Paxtonia Fire Co**  
125 S Johnson St, Harrisburg PA 17112-3018





## Tribute Wall

**Vickie L. Helman**

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GI

**Gina** posted:

So sorry to hear of your loss! Vickie was a wonderful coach, mentor and friend to me during my time on the McDevitt tennis team. I always look back at my experience with fondness. My condolences to Diane and her family.-Gina (Fenice) Wilkerson, McD '01

August 31 at 4:16 AM

JS

**Joe And Lily Salvino** sent a Fairest of All to the Helman family.



August 26 at 9:05 AM

MJ

**Melinda Joyce** posted:

My heartfelt sympathy to you Diane and all of Vickie's family. Our years together playing 3.0 tennis were so much fun thanks to the two of you! You were wonderful teammates and even better friends. So glad we got to reconnect at the McDevitt-Trinity matches and that my daughter got to meet "Klepto".To "Klepto" -may the pockets of your shorts be lined with all the tennis balls in heaven... just as they were here on earth. (I nicknamed Vickie "Klepto" because she always ended up with all the tennis balls in her pockets at our matches! This would always make her laugh!) Rest in peace and know you will always be missed and treasured.Love, Melinda Joyce

August 23 at 3:44 PM

SS

**Susan Sebastian** posted:

My heart and love go out to Diane and Vickie's family. I loved Vickie and we shared a great time on the Disney Cruise Ship. We also enjoyed breakfast at crackle barrel and shopped around. Her passing will leave an open space in my life. She was a happy and dear friend. RIP Vickie. You will be missed. Love you

August 23 at 9:10 AM

JH

**Jennifer Helstrom** posted:

I worked with Vickie at the Harrisburg Catholic Diocese. I remember her best for her beautiful smile and her infectious personality. Always joyful with a great sense of humor, we shared a lot of laughs. Shocked to hear of her passing at such a young age, such a beautiful soul lost, prayers and sympathies to those she has left behind.Jen (Boyle) Helstrom

August 22 at 8:21 AM



## Tribute Wall

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DZ

**Denise Zagursky** posted:

I first met Vickie when my daughter was on McD tennis team and got the privilege of seeing her at HACC. Vickie was always smiling and so friendly with everyone. She will be greatly missed.

August 20 at 4:23 PM

MB

**Mary Bigelow** posted:

We were in the Olmsted Players together. Her personality and sense of humor added much to our productions! Rest in peace, "Ouiser"

August 20 at 10:10 AM

MF

**Molly Ferster** posted:

Carol and Roger, I have been in shock since learning of Vickie's sudden passing. So many memories have been flooding my mind.....track, softball, the hours of practices and riding the bus to big meets. Vickie had so much talent! I will be forever grateful that our friendship continued into her adulthood. She is gone way too soon. Many and continued prayers for all of you. Love, Molly

August 19 at 3:52 PM

LM

**Laura (Zagursky) Michaels** posted:

Both Vickie and Diane were awesome tennis coaches and I learned so much from them both. You will be sorely missed. Sending lots of love and hugs to you Diane

August 19 at 12:49 PM

LM

**Lisa Macintyre** posted:

I worked with Vickie at ABC Daycare. She was always smiling. Rest easy my friend. She will be missed. Lisa Rossi MacIntyre

August 19 at 4:30 AM



## Tribute Wall

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PP

**Paige Renee Pavlishin** posted:

A wonderful person and friend, gone far too soon. Although we have not been in contact for a few years, we have many, many fond memories of hanging out with Vickie. Whether we were doing an Olmsted Players show, a high school show or making pumpkin roll (she knew it was a favorite), Vickie was always all in. She was that way about life and everything and everybody she cared about. We will miss you, Vickie, and will pray for comfort for Diane and for your family. Prepare Heaven for us because we will see you again, buddy. Mike, Paige and Cole Pavlishin

August 18 at 6:29 PM

DS

**Deborah Sharp** August 19 at 6:57 AM

Vickie was a great friend to everyone she met. Great voice crazy personality loved kids. I also cut and colored Vicki's hair for years. Great friend! I could go on and on.... God's got an Angel and Diane has one too Big hugs and Prayers ❤️❤️❤️ Debbie and Kasey 🙏

JD

**Jennifer Daley** posted:

Vickie will be missed very much at HACC. She always brought cheer to the office. My condolences to her family. May she rest in peace.

August 18 at 4:18 PM

TL

**Tracy Ludwig** posted:

I will always remember that victory at the National Tennis Championships. It was a shining moment and a very special event. Always enjoyed time spent with Vickie and her love for life lived well. She will be missed by many. Tracy Ludwig

August 18 at 10:17 AM

MS

**Maisie Seiverling** August 18 at 11:08 AM

Vicki's presence always made a tennis match special. She was our cheerleader. Victories seemed to buoy her as much as us. Her absence will create a gaping hole on the sidelines.



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TK

**Tara Klevorn** posted:

I met Vickie through Diane and I so agree that she was a wonderful cook. I always knew, that when I assigned Diane her food item for our tennis matches ,that Vickie would be the one to make it and it would be delicious.Diane, my heart is aching for the pain you are going through now.My thoughts and prayers for you and Vickie's family.Tara Klevorn

August 18 at 9:33 AM

KA

**Kristine Menke Arndt** posted:

I also remember Vicki and her making food, especially at High School tennis matches! I am so sorry for your loss Diane. She was a wonderful person and I enjoyed watching tennis with her during mixed doubles when we traveled to far away places.

August 18 at 9:03 AM

KS

**Karen Steinmeier** posted:

The last time I saw Vickie was a couple of years ago, at a tennis match. She brought food to share and we all raved about how delicious it was. She was an excellent cook, loving and supportive, cheerful and kind. She will be missed. My heart breaks with her loved ones. Rest in peace Vickie, you left us too soon. Karen Steinmeier.

August 18 at 7:11 AM

RW

**Rev. Don Wahlig** posted:

At the memorial service for Diane's father this past year, I was struck by how supportive and caring Vicki was. Even then, at a time of such great loss and grief, her sense of joy was evident. She buoyed Diane's spirits that day and made a difficult time easier by showing that the love we enjoy here and now is simply a foretaste of what we can expect when we are in Jesus' embrace in the life after this one.

August 18 at 5:50 AM



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TN

**Toniann Difrancesco-Noss** posted:

I am so sorry to hear about this and send my heartfelt prayers out to the family. Although I have not seen Vickie in years, I remember well her smile and antics that always made you laugh. She was a very special person. Fly with the angels!

August 18 at 2:48 AM

PS

**Pamm Schramm** August 18 at 6:56 AM

I so sorry for your loss I went to school with Vicki. She always had a friendly face and would always say hi when you past her in the hall. I will miss her.

NA

**Nancy** posted:

Dear Carol, Roger and family, So sorry to hear of Vickies death. Living on the same street for 30 years we watched the girls turn from little girls into beautiful woman. I know you are proud of all of them. Our blessings and prayers to all of you! Take care friends! Escape to your happy place! The river! Nancy and Bill Taxweiler

August 18 at 12:08 AM

BB

**Bobby Bright** posted:

We send our Deepest symptoms to all of Vicki's family. She will be missed my many. Love and Prayers Gos Bless you all Earl Bright Family

August 17 at 8:52 PM

AB

**Ann Burris** posted:

My hear is broken. Vickie was truly one of the nicest most genuine people I ever met. Every time Vickie delivered mail the the Lebanon Campus she would stop by my office. We had great conversations about or lives, families and the fact that getting old is not for sissies. We both enjoyed our "adult beverages"! She loved her life and her family. I will miss her terribly. Ann Burris

August 17 at 7:20 AM



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**Fay Snyder** posted:

Vicki, Was a sweet caring person that enjoyed being active and looked forward to any planned activity. She loved spending time with her family and friends as well as coaching the girls in tennis. I was very happy to have known her and will miss her greatly. I don't think I will be able to look at piece of red licorice without thinking of her. She loved it and I gave it to her when she came to my office if I had any. She had a big heart and will be greatly missed by many. Fay Snyder

August 17 at 5:30 AM



**Mim Helman** posted:

So many great memories. I babysat with you, you came and stayed with us. Other times we had fun at Grammy and Pappy's.

August 17 at 4:42 AM



# Memories only last if you share them

Join us in honoring Vickie by contributing to a collection of shared memories.



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